

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington D.C. 20549

Form 8-K

CURRENT REPORT
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) May 6, 2014



CITADEL EXPLORATION, INC.

(Exact name of registrant as specified in its charter)

Nevada

(State or other jurisdiction of incorporation)

000-54639

(Commission
File Number)

27-1550482

(IRS Employer Identification No.)

417 31st Street, Unit A, Newport Beach, CA

(Address of Principal Executive Offices)

92663

(Zip Code)

Registrant's telephone number, including area code: **(949) 612-8040**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- .. Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- .. Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- .. Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- .. Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 7 – Regulation FD

Item 7.01 Regulation FD Disclosure

Press Release

On May 6, 2014, Citadel Exploration, Inc. (the "Company") announced that it has received a permit from the California Department of Oil, Gas & Geothermal Resources (DOGGR) to commence thermal recovery at Project Indian using Cyclic Steam Injection.

The Company is disclosing under Item 7.01 of this Current Report on Form 8-K the foregoing information.

In addition, the Company is disclosing under Item 7.01 of this Current Report on Form 8-K the information attached to this report as Exhibit 99.1, which information is incorporated by reference herein.

The Company is furnishing the information in this Current Report on Form 8-K to comply with Regulation FD. Such information shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended, or otherwise subject to the liabilities of that section, and shall not be deemed incorporated by reference into any of the Company's filings under the Securities Act of 1933, as amended, or the Securities Exchange Act of 1934, as amended, whether made before or after the date hereof and regardless of any general incorporation language in such filings, except to the extent

Section 9 – Financial Statements and Exhibits

Item 9.01 Financial Statements and Exhibits

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press Release – Dated May 6, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this Report to be signed on its behalf by the undersigned hereunto duly authorized.

CITADEL EXPLORATION, INC.

By: /s/ Armen Nahabedian

Armen Nahabedian

Chief Executive Officer

Date: May 6, 2014

INDEX TO EXHIBITS

Exhibit No.	Description
Exhibit 99.1	Press Release dated May 6, 2014 announcing receipt of permit.



For Immediate Release

Citadel Exploration Receives Permit For Project Indian Steam Injection

California-focused E&P to begin immediate testing of its largest prospect

Newport Beach, CA (May 6, 2014): Citadel Exploration, Inc. (OTCQB: COIL) is pleased to announce that it has received a permit from the California Department of Oil, Gas & Geothermal Resources (DOGGR) to commence thermal recovery at Project Indian using Cyclic Steam Injection. This permit was the final permit required for COIL to commence injection and production of the Indian #1-15 well, which was successfully drilled in early January. Steam injection is expected to start in the coming weeks.

“Obtaining this permit is a tremendously important step forward,” said Armen Nahabedian, CEO of Citadel Exploration. He added: “though the drilling of our first Project Indian well in January was a key milestone. This represents the culmination of an enormous amount of permitting and regulatory work and is key in generating returns to our investors and economic growth for the people of San Benito County.”

This well is the first well of the 15-well pilot program to receive steam injection and will help determine the economic viability of the field. Approximately 60% of California oil production is accomplished with thermal recovery, a process that does not involve any chemical injection. Typical thermal recovery projects in California have recovered 20-60% of the original oil in place, suggesting that Project Indian could ultimately recover between 20MM and 60MM barrels of oil.

Nahabedian described the regulatory review process as challenging and thorough, which he said was beneficial in the long run: “The rigor of this process ensures that this project will be extremely safe and environmentally sound for all concerned. This permit is proof that the oil industry, agriculture and environmental protection can thrive together.”

About Citadel:

Citadel Exploration (OTCQB: COIL) is a pure-play California oil company with operations in the Salinas and San Joaquin Basins of California. Citadel has a broad portfolio of capital investment opportunities arising from management’s extensive knowledge of the geology and the history of oil and gas exploration and development in California.

This press release may contain "forward-looking statements" (within the meaning of the Private Securities Litigation Act of 1995) that inherently involve risk and uncertainties. Citadel Exploration generally uses words such as "believe," "may," "could," "will," "intend," "expect," "anticipate," "plan," and similar expressions to identify forward-looking statements. One should not place undue reliance on

these forward-looking statements. The Company's actual results could differ materially from those anticipated in the forward-looking statements for many unforeseen factors. See Citadel Exploration's Form 10-K for the fiscal year ended December 31, 2013 for a discussion of such risks, uncertainties and other factors.

Statements such as any perceived benefit from the raising of capital and the beginning of drilling and any other perceived benefits, involve risks and uncertainties, including, but not limited to our ability to successfully drill wells and extract resources, operate without adversely impacting the environment, our ability to adhere to safety measures, or other general economic conditions which would hinder our ability to operate effectively.

Should one or more of these risks or uncertainties materialize, or should underlying assumptions prove incorrect, actual outcomes may vary materially from those indicated. Important factors that could cause actual results to differ materially from the forward-looking statements we make in this news release include market conditions, our ability to raise sufficient funding to finance our operations, the actual drilling results, adherence to regulations, and those set forth in reports or documents we file from time to time with the SEC. We undertake no obligation to revise or update such statements to reflect current events or circumstances after the date hereof or to reflect the occurrence of unanticipated events.

Contact:

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